**Presentation Skills**

It is no longer acceptable for a PhD candidate to mumble through a research work presentation. Because of a lack of enough practice, Zhang needs necessary presentation skills training, such as how to present his work in a confident manner, making strong eye contact and articulating with a strong voice.  On the other hand, he needs to organise his presentation slides reasonably, making it much easier to follow and understand even for the audience who has little background knowledge.

**Academic Writing Guides**

Zhang has no difficult in daily writing, but it is not enough for academic one. In our previous work, the problems in his reports lie in two parts: grammar mistakes and illogical organisation. I have recommended two books “How to write a good thesis” and “Logic in Writing Thinking and Problem Solving” to him, hoping providing him with useful tips. Anyway, it is a long practice during the whole research career, little by little. I also believe his writing drafts need to be revised, telling him how to polish.

**Time management**

Having to juggle research, daily life and personal interest pulls Zhang in different directions. So I am sure this is a very urgent area for him to change if he wants to succeed as an academic, organised and highly disciplined. He needs to understand his priorities and ensure he carves out enough time on his own research. The other parts are allowed to exist but should be a way to balance life and cultivate minds.